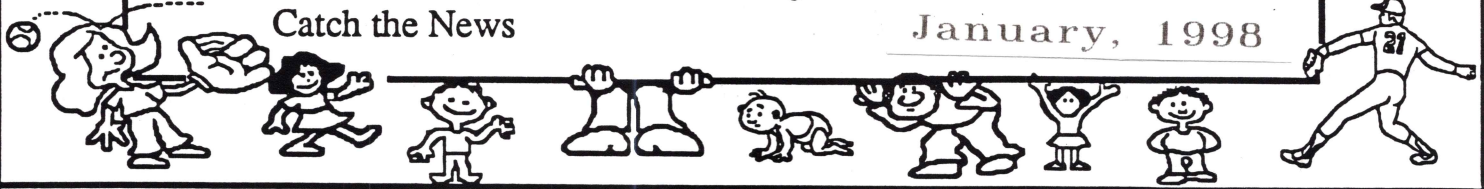




The Riel Family Newsletter

Catch the News

January, 1998



FAMILY CELEBRATES RIEL BOWL VII CAROL WINS 10K NBH - LISTY WINS JEOPARDY

FAMILY ENJOYS FOOD, GAMES, TV, AND PRESENT EXCHANGE

New Year's Day was another time for the celebration of the now famous Riel Bowl, this one the 7th. In keeping with the desire of the committee to continue to upgrade the celebration a new activity was introduced, the 10K NBH (Nothing But Hills) marathon. The honorable Robert D. Riel, permanent commissioner of the Riel Bowl organization defined the rules under which the race would be carried out. There were 7 invited participants, Bob Gillingham, Listy Gillingham, Bud Mehan, Margaret Riel, Carol Benesch, Bob Riel and Ed Riel. Actually there were two routes laid out, one 10K and the alternate 5K. Each runner received a handicap based on a minutes per mile pace, and the winner was the one who beat the allocated rate by the widest margin. The winner was Carol, but all the contestants finished in good shape, as shown in the before and after pictures on page 2.

While the marathon was in progress a group of kids and parents were treated to a tour of the Lyle ranch in Alpine. Lyle has a collection of farm animals, including sheep, horses, cows, dogs, pigs and chickens. We enjoyed a breakfast snack on the patio, and a chance to see the various animals up close. It is quite a lay out, and we thank Francie and Lyle for the tour and warm hospitality.

The next item on the program was lunch, and Robert Riel outdid himself by cooking two large prime rib roasts. Everyone agreed that they were the best ever. Along with the roast we enjoyed scalloped potatoes, creamed corn, baked beans, Greek salad (with optional anchovies), cranberry Jello, drinks and desserts.

The annual cross word puzzle contest results then were announced. First place went to Margaret for a 100% correct entry, whereas Listy and Birdy tied for second, with one mistake. However, Birdy was disqualified for forgetting to bring in her entry, although she claimed it was identical to the Listy entry. Her place in the Jeopardy game was taken by the marathon winner, Carol. The Jeopardy game was next, and the tough questions gave the contestants some trouble. The eventual winner was Listy, and her reward was the final pick in the White Elephant gift exchange.

After the Jeopardy game the kids and parents opened gifts. Afterwards the kids were banned from the living room and the White Elephant exchange took place, following rules set forth by the commissioner. There

was a great deal of stealing and some clever exchanges were devised to circumvent the one time ownership rule. There were some great gifts, and everyone had a lot of fun. The RFNL dine out certificate changed hands several times, and wound up in the possession of Birdy and Bruce. We look forward to this event.

This concluded the celebration, and all agreed that it was the best Riel Bowl ever. We all thank Bob and Karla for their generous hospitality, along with all who contributed to making the party such a success. We took quite a few pictures and the better ones are shown on pages 2 and 3.

TRAVEL NEWS

In the last issue we reported on a trip Margaret and Megan made to the George Lucas ranch in Merlin county. We now have a couple of pictures taken during the visit, and they are printed on page 4.

Brett and Bryce were treated by dad Alan to a trip to Utah, where they visited Park City and Salt Lake City. We understand they had a great time.

In mid-January Francie takes off on her long awaited business trip to Jamaica. This is an Iso training meeting, and we understand that it will last for a working week, with daily sessions from 9:00 a.m. to 1:00 p.m. The rest of the time is free to enjoy, and Francie is looking forward to a nice working vacation. We hope to have a full report with pictures for the February issue.

Margaret will hit the travel trail again in January, heading for Boston. She will be attending a meeting sponsored by the DOD, which operates an extensive overseas school system for military dependents. They are seeking the latest in teaching technology. Margaret also is spending two days each week at UC Irvine, where she supervises graduate students working on advanced degrees.

BIRTHDAY CELEBRATIONS

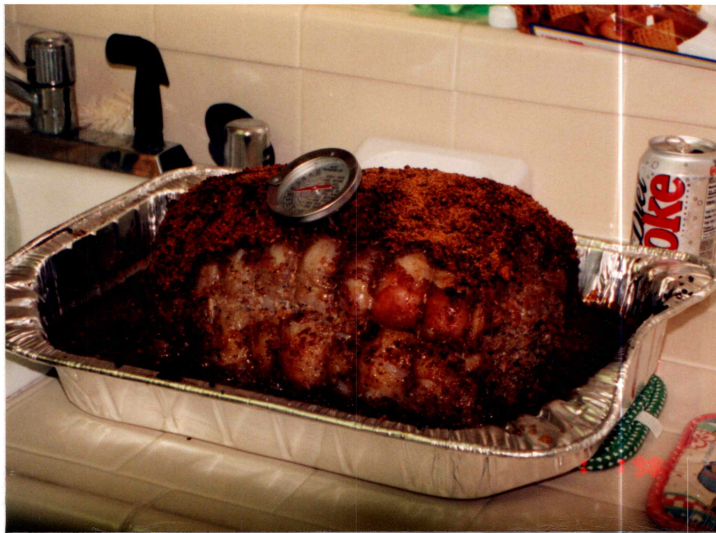
There was only one birthday kid in December, Kristy Gillingham, who celebrated her 14th on Sunday, the 21st. We had lunch at a nice restaurant, Chili's, on Fletcher Parkway, near Jackson. Afterwards we took in the movie "The Rainmaker" which we found to be one of the better pictures we have seen recently. It was an especially appropriate choice, since it was a rainy day, as you can see in the following picture of Grandma and Kristy heading for the car after the show.

The Riel Family Newsletter

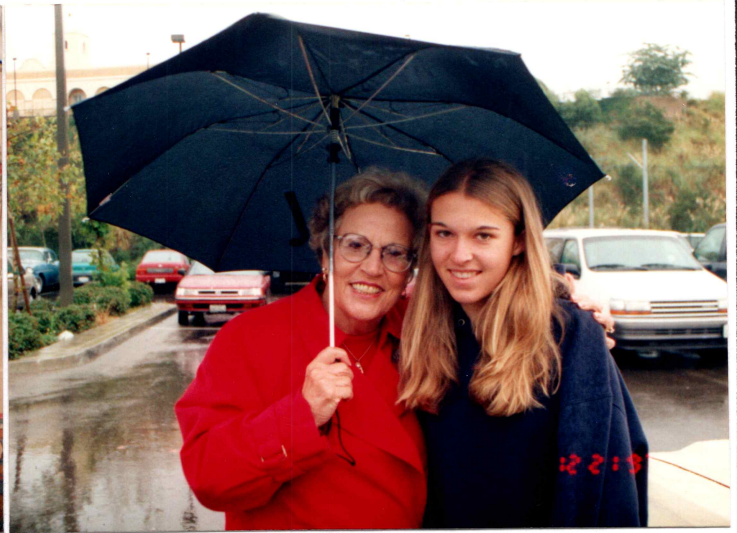
Catch the News



January, 1988



THE BEST ROAST BEEF EVER



There was another birthday celebration, however, since Grandpa turned 79 on December 6th. We were invited by Francie to have dinner at the Happy Chef, and later we were told that Margaret and Bud would join us. We got a big surprise, however, when we saw the entire back wall of the dining room set up with a big table and many family members waiting there for us. We all enjoyed the good food and the great celebration. We thank everyone who helped make the evening a special one.



SOME PRESENTS ARE PASSED OUT



BIRTHDAY CALENDAR FOR JANUARY

Edith Riel	January 2	73
Megan Riel-Mehan	January 15	14

PEOPLE IN THE NEWS

In the December issue we reported on the seminar Listy presented in San Diego, as a part of her BER consulting contract. We now have a picture of her (see next page) in action. As you can see in the picture she has all kinds of electronic equipment to help make her presentation as great as it is.



COMMISSIONER BOB ANNOUNCES THE JEOPARDY WINNER

The Riel Family Newsletter

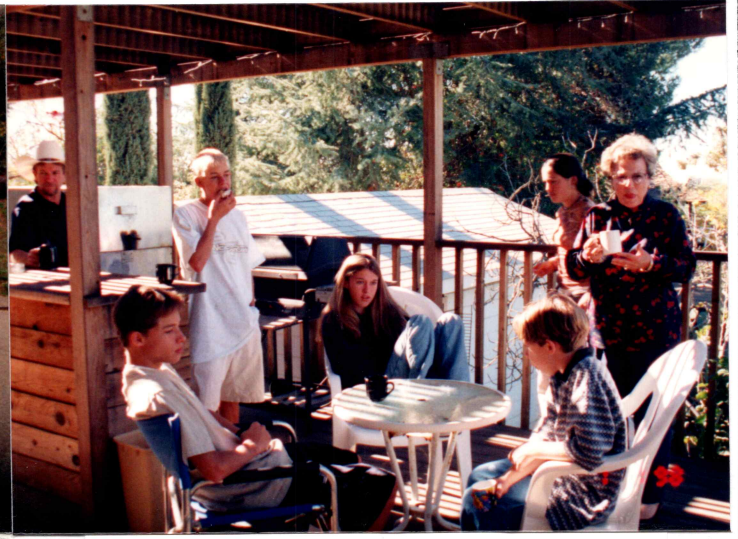
Catch the News



January, 1988



THE MARATHON GROUP, READY TO RUN



SOME RANCH TOUR FOLKS ENJOY A SNACK



HERE COMES CAROL, THE BIG WINNER



SOME KIDS GET ACQUAINTED WITH A HORSE



THE MARATHON GROUP, READY TO EAT



GRANDMA AND MEGAN GREET A FRIENDLY HORSE

The Riel Family Newsletter

Catch the News



January, 1988



We also reported in the December issue on the visit Margaret and Megan made to the George Lucas ranch in Merlin county recently. Margaret took a number of pictures, two of which are shown on this page. The lower photo shows the headquarters building which houses the conference rooms and the various project support facilities. You will recall that the project objective is to apply modern technology to further enhance the education methods used in the future.

SOME HOLIDAY ACTIVITIES

The Christmas season was a busy time for the family members. Grandpa and Grandma started off the fun with an invitation from Francie to have dinner at her house on Christmas eve. We were joined by Lyle, Margaret, Bud and family. We enjoyed broiled swordfish steaks, rice and salad. The dessert was something special, a custard dish which prior to serving was flame caramelized with a propane torch. The result was something special, enjoyed by all. After the meal we enjoyed some candy,



drinks and a chance to relax until time for the 10:00 p.m. mass at Saint Colomba church. However, it was hard to relax while watching some tapes of Brett and Bryce doing their thing on the skate board ramps. Both kids have mastered some spectacular tricks, but it is scary to see them in action. We have some pictures of the party on the next page.

chance to see Bruce's mother, two brothers and family, plus some family friends and of course Granny Sue. It was great to see them all again and share a great meal plus some presents passed out for everyone. We also have some pictures, which are shown on the next page.

On Christmas day Grandpa and Grandma were invited to the Hartman home for another celebration. We had a

From the Hartman home Grandpa and Grandma headed for Encinitas and the Mehan family open house. There we enjoyed a great spread of food and drinks, along with the company of many family friends. It was a nice way

The Riel Family Newsletter

Catch the News



January, 1988



CHRISTMAS EVE DINNER AT FRANCIE'S



NAT HARTMAN AND GRANNY SUE WITH BIRDY AND GRANDMA



FLAME CARAMELIZED DESSERT



GRANDPA AND GRANDMA AT THE MEHAN OPEN HOUSE



BIRDY AND GRANDMA BY THE HARTMAN TREE



MARGARET SETS THE TABLE FOR THE OPEN HOUSE MEAL

The Riel Family Newsletter

Catch the News

January, 1988

to finish off a great holiday, and we thank all who extended their hospitality to us.

On the day after Christmas the Family Shopping Team (Twins plus Grandma) hit the mall for some important shopping. Grandpa joined them for lunch at the Embers restaurant. We understand some great bargains were found.

SOME MORE TRAVEL NEWS

We learned recently that Scott Hartman spent the holiday season with a friend in Kentucky. He reported back to mom that it is cold and snowy there, not much like California. Other than that he had a great time.

SOME SPORTS NEWS

Grandma and Grandpa enjoyed a holiday round of golf with Bob Gillingham and David. The Admiral Baker course was pretty busy, but we managed to get out in time to finish before dark. This was the first time David has played 18 holes on a regular course, and he shot a good game. However, no actual scores are available.

CELEBRATE THE HOLIDAYS AT FRANCES PARKER LOWER SCHOOL

Grandma and Grandpa were invited to this pageant celebration of the holidays. Annie was one of two narrators who announced the various songs and dances put on by the Kindergarten through 5th grade classes. They all were great, and the final number was a rousing "Jingle Bells Rock", performed by the entire school. We have this picture of Annie in her narrators costume.

RUNNY NOSE DEPARTMENT

Fortunately we are not aware of any sick people in the family. On the contrary we have some good news in the health department. Bruce tells us that he has been off cigarettes since Thanksgiving, fulfilling a promise he made to his family. Also, we understand that Karla is in the process of taking the same step, to fulfill a promise made as a result of Robert's successful weight reduction program. We all are very happy to see this happen, and feel sure it is for the best.



ANNIE AS NARRATOR FOR "CELEBRATE THE HOLIDAYS"

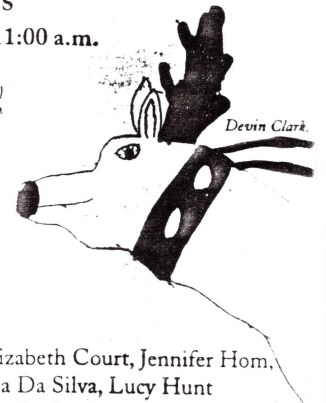


DAVID, GRANDMA AND BOB AT ADMIRAL BAKER CC

Celebrate the Holidays

Friday • December 19, 1997 • 11:00 a.m.
Lower School Patio

Narrators: Annie Gillingham & Kathryn Soderholm



NATIVITY PRESENTATION

Narrator: Allison Wile
Joseph: Joseph Pirello
Mary: Gigi Reed
Angels: Laura Vaughn, Elizabeth Court, Jennifer Hom, Christina Espinosa Da Silva, Lucy Hunt
Shepherds: Katie Schlein, Ality Richardson
Wise Men: Blake Cavignac, Max Levine, Paul Wozniak

HANUKKAH PRESENTATION

Narrator: Mike Kranzier
Dancers: Sarah Wozniak Katrina Donnell
Lauren Oberstein Isabelle Smith-Hinkley
J.B. Feldman Christy Brandon
Mandy Sullivan Dana Epsten
Brendan Walsh Alana Epsten
Stephanie Malick Katie Giesick
Sara Phillips Sophie Kriegler-Tuttleman
Ben Swingley Morgan Oberstein
Phoebe Limberg Megan Piacquadio
Deondra Gonsalves

KWANZAA

Narrator: Johannah Hoehn
Julia Saba
Matthew Malik Marilyn Sullivan Floyd Oliver
Nailah Spruill Sterling Ramsey Danielle Gibbons

Cisty & Co

maker

1 STAPLETON
 2 Z D
 3 DUSTIN
 4 L I S T X W N
 5 M A R G A R E T J E F F
 6 C R T L B
 7 T H E O D O R E
 8 M E G A N A I E B
 9 K E V I N S C O T T S H R E W
 10 W A A E T C U
 11 E D N A T W I N O C
 12 R D Y F R A N K A N D E D I T H M B
 13 P A O K A R L A
 14 C H R I S T O P H E R J O S E P H R M V
 15 H E T O E M I O E
 16 A N N I E B Y S T A N D E R S T R
 17 M T D A E S R T Y
 18 P S I L R I T I M
 19 A T L C F V
 20 G T H A N
 21 N C H A N T
 22 E A B B R Y C E N T
 23 R O E L C R A I G
 24 M I S S I O N B I R D Y L I G
 25 L

Dec 4, 1997 - Crosswords Plus

Across

- 1. Claim Jumper
- 4. Kid Raised by Wolves
- 5. Nashville Ace
- 7. Upset Winner
- 9. Kipling Book Writer
- 11. Jewelry Smuggler
- 12. Ace Group Member
- 15. Madcap Guy
- 16. The Butler
- 17. Someone Tamed
- 18. Namesake of Poetess Millay

- 19. Left Bird *win?*
- 22. L
- 23. Procrastinators Sweetie
- 24. Navigator Namesake
- 26. Refuse Giver
- 28. One of the Clue Kids
- 30. 21st Anniversary of
- 31. Wiz Kid
- 32. Mandarin Plaza Lover
- 36. League Changer
- 38. Wheeled Vehicles Expert

- 40. Hills With Holes
- 41. Double Play Maker Down
- 2. Robert's Bowl
- 3. Vintage Supervisor
- 5. Coup de Grace
- 6. Jan's Gift
- 8. Came From the South
- 10. Foot Breaker
- 13. A Day
- 14. Cha Cha Cha Guy

- 15. Cartooned Girl
- 17. Neophyte Surfer
- 20. Yellow Bellied One
- 21. A Popular Creek
- 22. Blacked Out On 1/1/98
- 23. Ace Group Member
- 24. Toaster
- 25. Loser Winner?
- 26. Tang
- 27. A Type of Building
- 28. Bargainer
- 32. Ace Group Member

- 33. First, Last, and Still Not
- 34. A Creek House
- 36. Sewing Student
- 37. Ace Group Member
- 38. Sleeper

-1-a-

Margaret



Across

- 1.Claim Jumper
- 4.Kid Raised by Wolves
- 5.Nashville Ace
- 7.Upset Winner
- 9.Kipling Book Writer
- 11.Jewelry Smuggler
- 12.Ace Group Member
- 15.Madcap Guy
- 16.The Butler
- 17.Someone Tamed
- 18.Namesake of Poetess Millay

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- 20.Yellow Bellied One
- 21.A Popular Creek
- 22.Blacked Out On 1/1/98
- 23.Ace Group Member
- 24.Toaster
- 25.Loser-Winner
- 26.Tang
- 27.A Type of Building
- 29.Bargainer
- 32.Ace Group Member

- 33.First, Last, and Still Not
- 34.A Creek House
- 36.Sewing Student
- 37.Ace Group Member
- 38.Sleeper

RIEL BOWL VIII

January 1, 1998

Vol. 7 Issue 1

Page 1

Frank Riel Appointed To Riel Bowl Committee

Riel bowl authorities announce last week the appointment of Frank Riel to the prestigious position of committee member. His tasks include supervision of development and implementation of the Riel Crossword puzzle and the questions for Riel Jeopardy.

When asked to comment about his appointment Riel stated "I'm stunned, it's like a dream come true. I didn't even know my name was up for consideration. After all there are so many younger Riels, ... I just figured they would go for youth. Next to my wife and some of my kids it's the greatest thing that has happened to me!"

Riel Bowl commissioner "Bob" revealed that the main reason the appointment went to the Riel patriarch was "Heck we were glad he was available, we believe we selected the best person for the job".

Many family members sent E-mail congratulations to him. "In this new wave of communication, I find the electronic means the fastest and best way to convey my feelings on this appointment" said Margaret. However, when it was pointed out that Dad doesn't have an E-mail address she said "on the other hand there's a lot to be said about phone calls!"

"Dr. Riel" will be officiating the Riel Jeopardy game and any disagreement on the question to the answers will be decided by this newest of committee members.

WHITE ELEPHANT RULES

Yes it's time for the committee to set down the rules for this years melee (exchange).

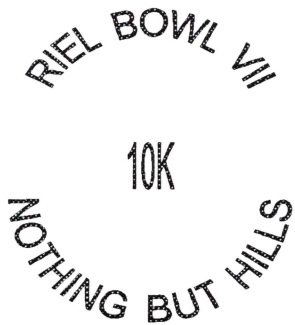
1. The winner of Riel Jeopardy has last pick.
2. The runners up will have second and third, last picks (respectively).
3. A gift can only be owned once by any one person
4. There is no limit to the amount of steals.
5. Back room deals are to be discrete.
6. All issues will be decided by the commissioner.
7. All gifts are not what they appear to be.
8. Hey! Remember it's suppose to be fun!

RIEL BOWL VII

January 1, 1998

Vol. 7 Issue 1

Page 2



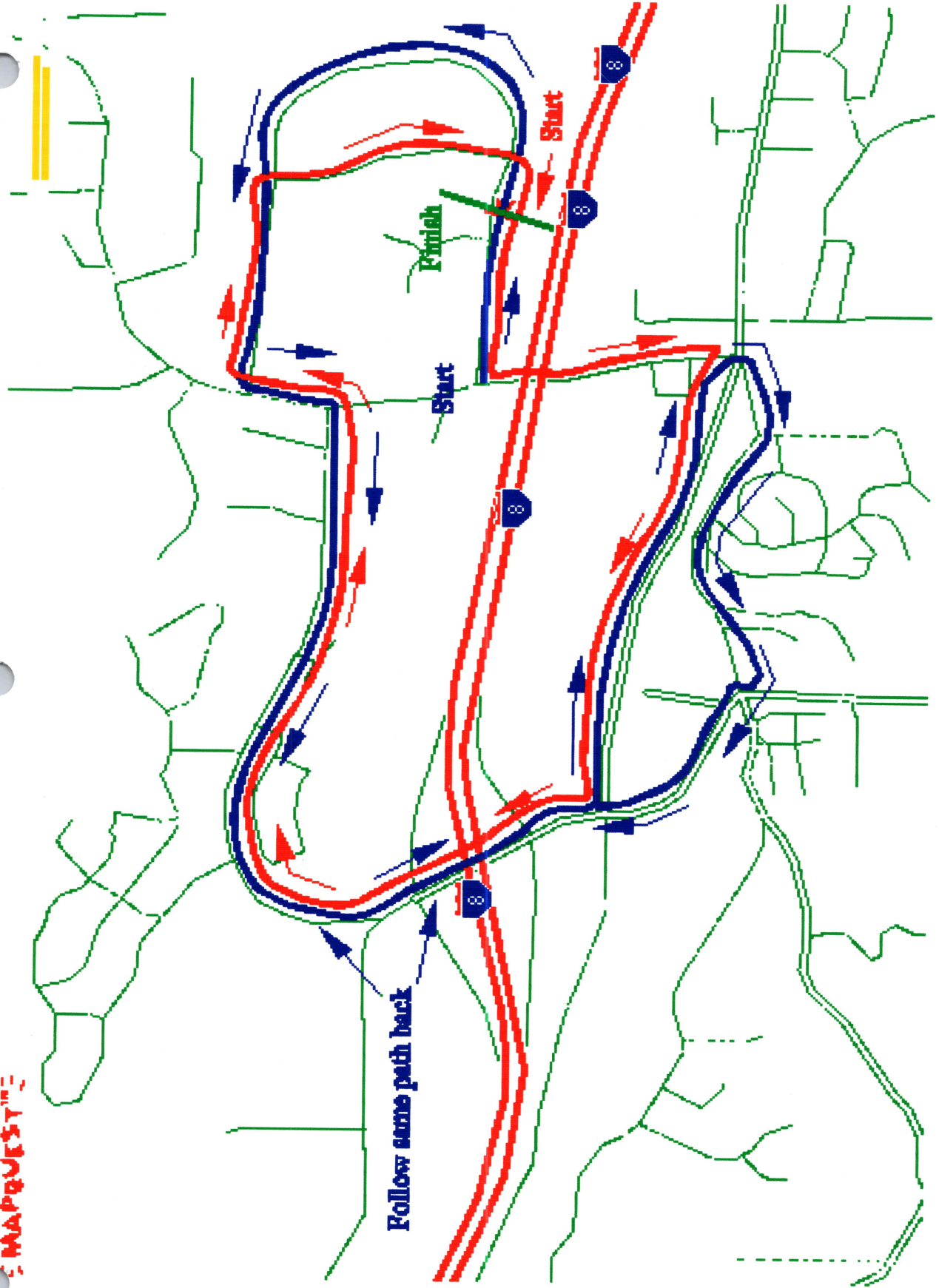
RIEL BOWL ANNOUNCES NEW EVENT!

RIEL 10K NBH

Yes another first for RB VII, a 10 K run! And no it's not the fact that the Commissioner will actually participate. The run will be starting at about 11:00am but you know that time is flexible due to "Riel Time". However, once it starts the action is sure to be very competitive. In addition to the 10K there is a 5K course for those who don't want to kill themselves on what is suppose to be a holiday. Those who do run the 5K will have their time doubled and then 10% added to it so they can compare to the 10K runners.

Since we have a variety of running skills there will be some, lets say, "adjustments" to how the winner (not whiner) will be selected. First off everyone will be racing the clock, not each other. Then they will be trying to meet goals established by the RB VII 10K committee. The winner will be selected by how close they came to their respective goals, which are as follows:

Name	Goal	Comments:
Bob Gillingham	7.5 Minutes per mile	Should have no problem out running his wife
Listy Gillingham	8.5 Minutes per mile	Just think your shopping
Bud Mehan	9.1 Minutes per mile	Ok so you old, What about that running savvy
Margaret Mehan	9.0 Minutes per mile	Should just beat her hubby
Carol Benish	8.9 Minutes per mile	Could sneak up and beat Bob G.
Bob Riel	9.9 Minutes per mile	Rookie of the year winner, hands down
Ed Riel	9.9 Minutes per mile	He better not let his kid brother beat him

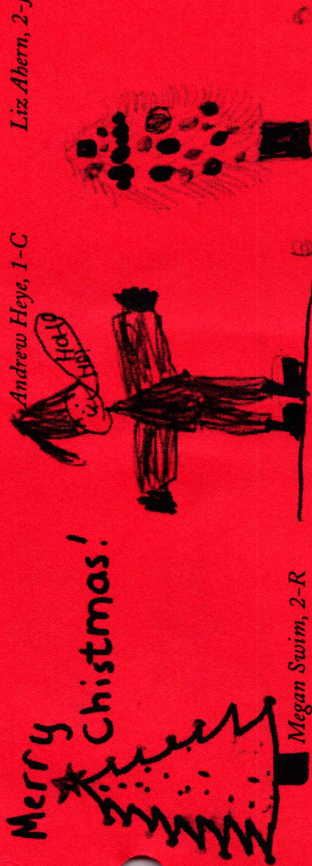


Blue route is the 10K Red route is the 5K Run on side of the road as indicated

Merry
Christmas!

Andrew Hays, 1-C

Liz Abern, 2-J



Megan Swim, 2-R

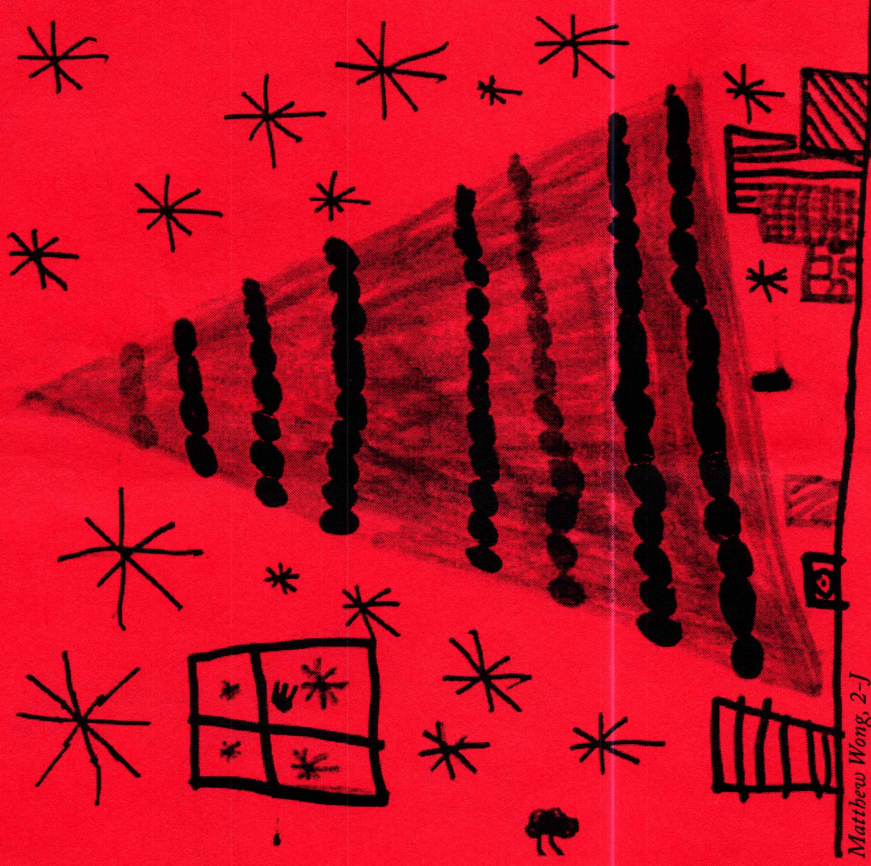
The Holiday season presents fond memories for Francis Parker School. With loving participation by generations of students, parents, and faculty, the Parker holiday spirit has never changed.

Following is an excerpt from the "Junior Red Cross Report" of the 1921 *Gold & Brown* (Parker Yearbook)

On Thanksgiving Day the entire school was engaged in filling baskets to be sent to the families in San Diego who are less fortunate than we. When the baskets, generously filled and decorated with bright colored paper, were lined up on the portico preparatory to being distributed to the families, they made a most pleasing sight. Many families were made happy that Thanksgiving, and the Parker School shared in this happiness.

At Christmas time, too, the pupils were busy mending toys, games and clothes to be given away to the poor children in this city. For three weeks before Christmas the girls of the upper school, assisted by Mrs. Boulter — who has always directed the Red Cross work in the school — made three complete baby layettes. These layettes were given to the babies of the families under the care of the Neighborhood House.

... This work, including the baskets at Thanksgiving, the help at Christmas, and the raising of the Relief Fund, have been helpful in another way — that of interesting our students in something outside of their own homes and the school. This, perhaps, is the best result of Red Cross work.



Matthew Wong, 2-J

CELEBRATE THE HOLIDAYS

Friday, December 19, 1997

FRANCIS PARKER LOWER SCHOOL

Celebrate the Holidays

Friday • December 19, 1997 • 11:00 a.m.

Lower School Patio

Dmvie

Narrators: Annie Gillingham & Kathryn Soderholm

NATIVITY PRESENTATION

Narrator: Allison Wile
 Joseph: Joseph Pirello
 Mary: Gigi Reed
 Angels: Laura Vaughn, Elizabeth Court, Jennifer Horn, Christina Espinosa Da Silva, Lucy Hunt
 Shepherds: Katie Schlein, Ality Richardson
 Wise Men: Blake Cavnignac, Max Levine, Paul Wozniak



HANUKKAH PRESENTATION

Narrator: Mike Kranzler
Dancers: Sarah Wozniak

Lauren Oberstein
 J.B. Feldman
 Mandy Sullivan
 Brendan Walsh
 Stephanie Malik
 Sara Phillips
 Ben Swingley
 Phoebe Limberg

Katrina Donnell
 Isabelle Smith-Hinkley
 Christy Brandon
 Dana Epsten
 Alana Epsten
 Katie Giesick
 Sophie Kriegler-Tuttleman
 Morgan Oberstein
 Megan Piacquadio
 Deendra Gonsalves

KWANZAA

Narrator: Johannah Hoehn

Julia Saba
 Matthew Malik
 Nalah Spruill

Marilyn Sullivan
 Sterling Ramsey

Floyd Oliver
 Danielle Gibbons

HOLIDAY CELEBRATION

"Dona Nobis Pacem"
(anonymous)

ALL

Bells: Lisa Mitchell & Ality Richardson
Soloist: Mari Jacobson

"Ring Those Silver Bells"
(Levene)

Kindergarten

"Santa Claus, Dear Santa Claus"
(Williams)

1st Grade

"Grandma's Yummy Secret"
(Maxwell)

2nd Grade

"A Winter in the Tropics"
(Jones)

3rd Grade

"Christmas in Killarney"
(Weldon)

4th Grade

"Parade of the Wooden Soldiers"
(Jessel)

5th Grade

"Jingle Bell Rock"
(Marks)

ALL

Directed by Rada Neal & Letty Robinson

Elves: Stephanie Shannon
 Michael Avery
 Katie Sylvan
 Anna Cavallo

Reindeer: Matthew Rutherford
 Blake Breslau
 Kristina Bohl
 Jayne Killen
 Joshua Heron



Sean McNeece, 5-R